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Letter

Influence of Lipid Membranes on α -Synuclein Aggregation

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ABSTRACT: α -Synuclein is a neuronal protein involved in synaptic vesicle trafficking. During the course of Parkinson's disease, it aggregates, forming amyloid fibrils that accumulate in the midbrain. This pathological fibrillization process is strongly modulated by physiological interactions of α -synuclein with lipid membranes. However, the detailed mechanism of this effect remains unclear. In this work, we used environment-sensitive fluorescent dyes to study the influence of model lipid membranes on the kinetics of α -synuclein fibrillization. We observed that formation of the fibrils from α -synuclein monomers is strongly delayed even by small amounts of lipids. Furthermore, we found that membrane-bound α -synuclein monomers are not involved in fibril elongation. Hence, presence of lipids slows down fibril growth proportionally to the fraction of membrane-bound protein.



KEYWORDS: amyloid, fibril, fibrillization, kinetics, lag time, liposomes

 α -Synuclein (α Syn) is a 140 amino acid protein which is predominantly localized in presynaptic terminals of neurons.¹ Physiological functions of α Syn are associated with synaptic vesicle trafficking and membrane fusion.^{2,3} α Syn is intrinsically disordered in solution and adopts a helical conformation upon binding to membranes.⁴

During the course of Parkinson's disease, α Syn aggregates, forming amyloid fibrils that accumulate in the neurons as pathological inclusions called Lewy bodies.⁵ These fibrils are up to several micrometers long and are composed of thousands of monomers. The monomers are ordered in parallel β -sheet conformation and connected by multiple hydrogen bonds.⁶ α Syn fibrils were reported to be toxic for cell cultures⁷ and to induce amyloid formation *in vivo*,⁸ that points to prion-like nature of α Syn fibrillization. Specially designed α Syn mutants with hindered membrane binding exhibited significantly higher toxicity than wild type (WT) α Syn when expressed in transgenic cells or in mice.⁹ Moreover, one of the mutations causing early onset of Parkinson's disease (A30P)¹⁰ directly reduces α Syn affinity to the membrane while it does not affect the protein fibrillization core.¹¹

 α Syn fibrillization is a multistep process that can be described by a sigmoidal kinetic curve. It starts from the primary nucleation, a relatively slow assembly of unstructured monomers into the initial fibrils.¹² This assembly is believed to occur via oligomeric intermediates.¹³ After formation, the first fibrils rapidly elongate by recruiting new α Syn monomers to the fibril ends,¹⁴ until all monomer in the solution is converted to fibrillar form.

In cells, monomeric or oligomeric α Syn can bind to membranes affecting fibrillization. The influence of lipid membranes on α Syn aggregation was intensively studied *in* vitro.¹⁵ However, the reported results from these studies are often contradictory (see literature overview in Table S1). For example, membranes composed of short chain anionic phosphatidylserine lipids were reported to induce α Syn aggregation at low lipid to protein ratios and to suppress it when present in large excess over α Syn.¹⁶ On the other hand, vesicles composed of mixtures of negatively charged and neutral lipids were shown to reduce the aggregation propensity of α Syn by inducing its folding into an α -helix.¹⁷ This effect of membranes strongly depends on the charge of polar groups, saturation of aliphatic tails, membrane curvature, and lipid-toprotein ratio.¹⁸ The reported contradictions can be explained by changes in the fibril morphology due to coaggregation with lipids.¹⁹ A majority of the studies of the membranes influence on α Syn aggregation was performed when the mechanism of α Syn fibrillization was not yet well understood. Namely, effect of lipids on de novo fibril formation and fibril growth was not considered independently.

In this work, we took into account the latest knowledge on the mechanism of α Syn fibrillization to separately investigate the influence of membranes on the lag phase and the fibril elongation phase. Based on our results, we proposed a model that explains the strong effect of membranes on fibrillization.

To study the influence of membrane binding on α Syn fibrillization, we used small unilamellar vesicles (SUVs) and

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monitored the amount of formed fibrils using Thioflavin T (ThT), a dye that strongly increases its fluorescence intensity upon binding to amyloid fibrils and is almost not sensitive to the presence of membranes (Figure S5).

Electrostatic interactions have a major impact on α Syn binding to the lipid membranes. Therefore, we started our studies with comparing the effects of lipid membranes of different charge on α Syn fibrillization. We incubated α Syn in the presence of SUVs composed of neutral palmitoyl-oleoylphosphatidylcholine (POPC) and anionic palmitoyl-oleoylphosphoglycerol (POPG) lipids. Membranes led to an ~5-fold decrease in the amount of fibrils formed during 75 h (Figure 1A), and the effect did not significantly depend on the membrane charge. We chose membranes composed of a POPC/POPG 3:1 mixture, as their net charge is close to that of the inner leaflet of cell plasma membranes.²⁰

To clarify if membranes influence the fibril elongation process or early stages of α Syn aggregation, we performed experiments that allow one to study their kinetics separately. α Syn aggregation is characterized by a relatively long lag phase followed by a fast exponential growth of the fibrillized protein fraction. The time until the beginning of the exponential growth depends on the rate of early stages of the aggregation including multistep formation of initial fibrils from α Syn monomers. After slow formation of the first fibrils, they are rapidly multiplied via an autocatalytic mechanism²¹ that leads to high sample-to-sample variability of the time until the beginning of the exponential growth phase. To quantify this process, we measured the time necessary for fibrillization of the first 2% of α Syn, which is the minimal amount that can be clearly detected in light-scattering of the lipid solutions. Without lipids, the exponential growth starts at \sim 33 h, while addition of the membranes increased this time to >120 h already at 16 lipids/ α Syn (Figure 1B).

Already at 1:1 lipid/ α Syn ratio, the lag phase increases almost twice, while a higher concentration of the membranes led to even stronger slowdown (Figure 1C). A significant fraction of the samples with the lipid/ α Syn ratios of 8–16 did not start the exponential fibril growth even during 5 days (Figure S1).

 α Syn binds to the membrane as an α -helix oriented parallel to the membrane surface,²² and the binding stoichiometry is limited by its size. To determine the affinity and stoichiometry of the interaction, we titrated α Syn with lipid membranes following the interaction by the circular dichroism (CD) signal at 225 nm (Figure 2E). Less than 4% of α Syn was bound to POPC:POPG (3:1) at a lipid/ α Syn ratio of 1:1 (Figure 1C, right scale). Such a minor decrease in the concentration of free monomeric α Syn cannot lead to the observed 2-fold drop in the rate of initial fibrils formation. Therefore, the increase in $t_{2\%}$ is caused by membrane binding of the species present at much lower concentrations than that for the monomeric protein. We observed a delay of the exponential fibrillization phase in the presence of fluid membranes of moderate charge, in accordance with previously reported suppression of overall α Syn fibrillization by such membranes.²³ Meanwhile, for membranes composed only of anionic lipids, an opposite effect was reported¹⁶ (Table S1). Indeed, rigid membranes composed of saturated anionic lipids DPPG did not slow down the fibrillization (Figure S3). Fluid anionic POPG membranes slow down the fibrillization initiation less than membranes composed of a POPC/POPG mixture (Figure S4). Likely, the ability of membranes to sequester prefibrillar species depends



Figure 1. Influence of lipid membranes on α Syn fibrillization. (A) Amount of fibrillized α Syn formed from 50 μ M monomer after 75 h incubation, as quantified by ThT fluorescence, no lipids, and 10 lipids/ α Syn. (B) α Syn fibrillization in the presence and absence of lipid membranes (SUVs, 3:1 POPC/POPG mixture). Median kinetic curves of 12–24 measurements (see Figure S1 for all traces). (C) Delay of the exponential phase of α Syn fibrillization at different lipid/ α Syn ratios, calculated as reciprocal of time to reach 2% fibrillization (see panel B). Whiskers are SD 100 μ M α Syn and 0 to 1600 μ M lipids. 12–24 repeats. Blue squares show the fraction of free protein (right scale) calculated using eq 2 and $K_d = 87$ nM and n = 230 lipid/ α Syn.

not only on the affinity but also on selectivity, that is lower in the case of anionic membranes that bind monomeric α Syn with high affinity.²⁴

To measure the fibril elongation rate independently from the primary nucleation, we initiated α Syn fibrillization by addition of short sonicated preformed fibrils (so-called "seeds") to α Syn



Figure 2. Influence of lipid membranes on the fibril growth rate. (A–C) Kinetics of seeded α Syn fibrillization at 125–2500 μ M lipid concentrations. Four repeats per concentration and global fit for each lipid composition. SUVs composed of POPG (A), POPC/POPG 3:1(B), and POPC (C). α Syn and seed concentrations were 25 and 0.5 μ M, respectively. (D) Initial α Syn fibril elongation rate as a function of lipid concentration. Averages from traces presented in panels (A)–(C). Error bars are SD. (E) Fraction of free α Syn as a function of lipid concentration calculated based on CD spectra. Stoichiometry (*n*) and dissociation constant (K_d) were determined by fitting (see Figure S11 for details). Concentration of α Syn was 5 μ M.

solution. These seeds provided many centers for fibril elongation making the influence of primary nucleation process negligible.²¹

The presence of membranes induced slowdown of α Syn fibril elongation, and decreased the amount of formed fibrils (Figure 2A–C). The effect was strongest in the case of anionic POPG that tightly binds α Syn. It almost blocked the fibril formation already at 60:1 lipid-to-protein ratio (Figure 2A). On the other hand, neutral POPC membranes that have low affinity to α Syn induced only moderate changes (Figure 2C). The fibrillization rates calculated from kinetic curves (Figure 2D) decrease with the lipid concentration in the same way as the fraction of free protein determined by circular dichroism titration (Figure 2E). A similar decrease of fibrillization rate was observed also in the presence of rigid DPPG membranes (Figure S10). We hypothesize that the fibrillization rate is proportional to the concentration of nonbound α Syn monomer while the membrane-bound α Syn does not participate in the fibril formation. This hypothesis is supported by experiments with excess of α Syn over lipids in which all membranes are saturated with the protein and lipid-induced decrease of the fibril growth rate is linearly proportional to the lipid concentration (Figure S9).

We developed a simple mathematical model that describes the kinetics of α Syn fibril growth in the presence of membranes based on this hypothesis. α Syn binding to membrane occurs on the millisecond scale²⁴ and can be considered instant compared to its interaction with fibrils. Therefore, the rate of fibril growth is determined mostly by the binding of free monomer to the fibril end. Under seeded conditions, the concentration of fibril ends can be considered constant, and the evolution of the fraction of fibrillized protein with time can be expressed by

$$f = 1 - \alpha \exp(-tkC_{\text{ends}}) - (1 - \alpha) \exp(-tkC_{\text{ends}}Kd/C_{\text{p}})$$
(1)

where *f* is the fraction of fibrillized α Syn at time *t*, *k* is the rate constant of monomer binding to the fibril end, C_{ends} is the concentration of fibril ends, α is the fraction of free protein calculated based on its K_d to the membrane according to eq 2, and C_p is the initial monomer concentration. The term $\alpha \exp(-tkC_{ends})$ corresponds to the fast fibrillization of the free protein, while the term $(1 - \alpha) \exp(-tkC_{ends}K_d/[M]_0)$ describes slow fibrillization of the residual monomer that occurs after its dissociation from membrane (see SI section 4 for a more detailed explanation). We used this equation to do a global fit of the kinetic curves of α Syn fibrillization in the presence of different lipid concentrations. It properly describes the observed decrease of the fibril elongation rate and the amount of fibrillized protein (plateau value) in the presence of lipids (Figure 2A–C). The affinities of α Syn to membrane and lipid:protein stoichiometries obtained from fitting of kinetic curves (Figure S8) show the same dependence on membrane charge as ones obtained in independent steady state titration experiments (Figure 2E).

To prove that lipid-bound α Syn remains nonfibrillized even when the fibrillization reaches equilibrium plateau, we used α Syn labeled with an environmentally sensitive dye 7AFM (Figure 3), a fluorophore that can distinguish between disordered, fibrillized, and membrane-bound forms of the labeled protein by the shape of its two-band emission spectrum²⁵ (Figure S12).

We mixed α Syn with 4% α Syn-18C labeled with 7AFM and compared the emission spectra of the label at the final and initial points of the aggregation. In the absence of membranes, spectra of 7AFM showed a transition of completely monomeric α Syn to the fibrillar form (Figure 3B, black curves). With the lipid vesicles, the fluorescence spectrum at the initial point was different from the spectrum of free monomer showing a binding of ~65% of α Syn to the membrane (intense band at ~590 nm). The fibrillization of membrane-containing sample reached a plateau in 30 h, and the intensity of its ThT signal was ~3-fold lower than that without membrane (Figure 3A). The spectrum of 7AFM label for this fibrillized sample shows a strong characteristic band at \sim 590 nm indicating that a significant part of labeled protein is still membrane-bound (Figure 3B, solid red curve). The spectrum was equal to the linear combination of the spectra of membrane-bound α Syn monomer (~65%) and of fibrillized



Figure 3. Part of α Syn remains nonfibrillized in the presence of membranes. (A) Fibrillization of α Syn in the absence (black) and in the presence (red) of 750 μ M lipids (SUVs, 1:3 POPC/POPG mixture). 25 μ M α Syn, 4% was labeled by 7AFM dye. Seeds concentration was 500 nM. (B) Fluorescence spectra of 7AFM at initial (dashed lines) and final (solid lines) stages of α Syn fibrillization, at time points marked in panel (A).

 α Syn (~35%), in agreement with the intensity of ThT fluorescence (Figures 3A and S12).

Taken together, our data demonstrate that elongation of amyloid fibrils occurs only in the presence of free monomeric α Syn in solution.

The monomeric α Syn in solution is in equilibrium with membrane-bound protein, and its concentration is determined by the affinity to the membranes. In the case of anionic membranes, the interaction is quite strong (K_d per binding site is about 50 nM).²⁶ Therefore, the equilibrium concentration of free monomeric protein in the presence of anionic membranes is much lower than the minimal concentration required for fibril growth (~400 nM²⁷). To prove that binding of α Syn to the fibril end or to the membrane is an equilibrium process, we incubated short α Syn fibrils in the presence of excess of lipid vesicles (1600 μ M lipids and 10 μ M α Syn). The observed disaggregation of short α Syn fibrils (Figure 4) clearly shows that the fibrillization is reversible and that the affinity of the α Syn monomer to the fibril end is lower than its affinity to the membranes. This finding is in agreement with the previously reported dissociation of α Syn fibrils in the presence of DMPS SUVs.¹⁶

Our findings are in a good agreement with numerous reports of slowdown of α Syn aggregation in the presence of high concentrations of lipid membranes.^{17,18,23,28} The low fibrillization propensity of membrane-bound α Syn can be explained by thermodynamic factors. Membrane-bound α Syn is stabilized in the helical form by tens of intramolecular hydrogen bonds and strong hydrophobic interactions with the membrane. Its conversion to amyloid form is less energetically favored than



Figure 4. Dissociation of 10 μ M α Syn fibrils into monomers in the presence of 1600 μ M lipids. Normalized traces with no lipids (black), POPC (red), POPC/POPG 3:1 (green), and POPG (blue) liposomes. Dots represent expected final values calculated based on α Syn affinity to corresponding lipids.

conversion of unstructured monomer containing only few intramolecular hydrogen bonds.

To sum up, we found that membrane-bound monomeric α Syn does not participate in the fibril elongation process. Moreover, excess of membranes with high affinity to α Syn induces disaggregation of already formed fibrils (Figure 5).



Figure 5. Scheme of α Syn fibrillization in the presence of lipid membranes. A fraction of monomeric α Syn accumulates on the lipid membranes and cannot proceed to fibrillization, because its affinity to anionic membranes ($K_{\rm d} \sim 50$ nM) is higher than that to fibril ends ($K_{\rm d}^{\rm Fib} \sim 400$ nM).

The beginning of the exponential growth of α Syn fibrils is delayed even by a small amount of lipids. Therefore, membranes make crucial impact on the rate and equilibrium of α Syn fibrillization. We believe that these findings help to better understand the role of membranes in the interconversion between physiological and fibrillized forms of α Syn during Parkinson's disease.

METHODS

Preparation of Recombinant α **Syn.** Plasmids (pT7-7 vector) encoding α Syn or α Syn-A18C were kindly provided by the group of Vinod Subramaniam, University of Twente. The proteins were expressed in *E. coli* and purified by ion exchange FPLC as described earlier.²⁹ Prior to use, protein solutions were centrifuged at 14 000g for 30 min to remove possible aggregates. The concentration was measured by tyrosine absorbance using $\varepsilon_{275} = 6000 \text{ M}^{-1} \text{ cm}^{-1}$. For the

detailed protocol and protein sequences, see the Supporting Information.

Liposome Preparation. All lipids were purchased from Avanti Polar Lipids. Solutions of lipid mixtures in CHCl₃ were dried and lipids were hydrated with buffer solution for kinetic measurements (Na/PO₄ 6 mM pH 7.4, NaCl 150 mM, NaN₃ 10 mM, EDTA 0.1 mM, and ThT 5 μ M) and sonicated to prepare SUVs (Figure S13) as described earlier.²⁵

Kinetic Experiments. The kinetics of α Syn fibrillization was measured *in situ* using a Tecan SPARK plate reader at 37 °C. The fluorescence intensity of ThT (proportional to the fibrillized protein fraction) was measured every 300 s. The plate was left quiescent except for 5 s shaking (90 rpm) prior each measurement. Excitation and emission wavelengths were 441 nm (slit 5 nm) and 480 nm (slit 8–20 nm), respectively. The experiments were performed in a black 384-well plate with a transparent bottom (cat. no. 242764; Nunc/Thermo Fisher Scientific) covered with plastic film ("Viewseal", Greiner Bio One) to prevent evaporation. The fluorescence was recorded from the bottom of the plate. Each well contained 50 μ L of a sample solution. The buffer composition: 6 mM Na/PO₄ buffer pH 7.4, 150 mM NaCl, 10 mM NaN₃, 0.1 mM EDTA and 5 μ M ThT.

Kinetics of Nonseeded Aggregation. Stock solutions of α Syn and lipid vesicles were mixed with buffer to yield 700 μ L of solution, containing 100 μ M α Syn and desirable concentration of lipids. The solution was pipetted in 12 wells (50 μ L/well) and the fibrillization kinetics was monitored during ~5 days. The time needed for 2% protein fibrillization (t_{2%}) was calculated based on the ThT signal (Figure 1B).

Preparation of Seeds. We initiated α Syn fibrillization by adding short fibrils (seeds) to the solution of monomeric protein. The seeds were prepared by sonication of mature α Syn fibrils (sample of α Syn that reached the fibrillization plateau according to ThT fluorescence). A microcentrifuge tube with 50 μ L of fibril solution was immersed in a low power bath sonicator (Digitec DT 100, Sonorex, Germany) for 15 min. This procedure yielded the fibrils with average length of ~50 nm.²⁹

Measurements of the Fibril Elongation Rate. Monomeric α Syn (25 μ M) was mixed with 0.25–0.5 μ M seeds (1–2% of used monomer concentration). The solution was resuspended and immediately mixed with liposomes solution (up to 2.5 mM final lipid concentration). This procedure ensures equal seed distribution between the samples. After that we pipetted the final solutions into the plate (4–6 repeats for each lipid concentration) and measured the ThT fluorescence intensity as a function of time for 80 h. The experiment was repeated three times. The fibril elongation rate was calculated based on the increase of ThT signal at the initial part of a kinetic curve (between 1200 and 9000 s), during which the rate was almost constant. The relative reaction rate (R/R_0) is the ratio of fibril growth in the absence and in the presence of lipids.

Affinity of α Syn to Membranes. The affinity of α Syn to the membranes was calculated based on circular dichroism (CD) titration data. CD spectra were recorded with a JASCO-J810 spectropolarimeter. Samples of 5 μ M α Syn were titrated with corresponding lipid solutions. The spectra were recorded using a 2 mm path length cuvette at room temperature, scanning from 200 to 250 nm with a step size of 0.1 nm and a scanning speed of 50 nm/min. The signal/ noise ratio was improved by accumulating and averaging of three scans. All spectra were corrected by subtracting the background spectrum of the buffer.

The CD signal at 225 nm is approximately proportional to α -helix content. To convert it to the fraction of membrane-bound protein we normalized it to the plateau value for POPG titration where the complete binding was reached.

The results were fitted with the following equation:

$$\alpha = \frac{K_{\rm d} + C_{\rm p} + C_{\rm L}/n - \sqrt{(K_{\rm d} + C_{\rm p} + C_{\rm L}/n)^2 - 4C_{\rm p}C_{\rm L}/n}}{2C_{\rm p}}$$
(2)

where α is the fraction of membrane-bound protein, C_p is the protein concentration, C_L is the concentration of lipids, *n* is the number of lipids per binding site, and K_d is the dissociation constant. K_d and *n* values were optimized to obtain the best fit.

Aggregation Assessment by Environmentally Sensitive Dye. α Syn-18C-7AFM was prepared by labeling the α Syn-18C mutant with a maleimide derivative of 7AFM.²⁵ The unreacted label was removed by two filtrations through a 7k MWCO Zeba Spin column (Thermo Fisher Scientific). The concentration of the labeled protein was determined by absorbance, $\varepsilon_{405} = 35\ 000\ M^{-1}\ cm^{-1}$ for 7AFM (see the Supporting Information for the detailed labeling protocol).

We mixed $24 \,\mu$ M α Syn and $1 \,\mu$ M α Syn-18C-7AFM and monitored the fibrillization by fluorescence of environment-sensitive dye 7AFM.²⁵ A volume of 600 μ L of α Syn solution in the presence and absence of lipid membranes (1 mM POPC/POPG = 3:1, 40 lipids/ α Syn) was prepared in the same buffer as for kinetic measurements but without ThT. The fibrillization was initiated by addition of 2% of seeds, and 10 parallel repeats were pipetted to different wells (50 μ L/ well). Two repeats containing ThT were pipetted to the same plate. The fibrillization was performed in plate reader as described above. After 35 h, the ThT fluorescence intensity reached the plateau. ThTfree repeats of each sample were combined and used for fluorescence spectroscopy measurements. The experiment was repeated twice using different batches of α Syn and lipids.

The emission spectra of 7AFM were recorded on Fluoromax 4 spectrofluorometer in a 2 mm path length quartz cuvette. All spectra were recorded at room temperature and corrected for baseline light scattering. The excitation wavelength was 390 nm (3 nm slits). The amount of membrane-bound and fibrillized α Syn was calculated by deconvoluting the emission spectra as a linear combination of spectra of pure free, membrane-bound, and completely fibrillized samples measured independently.²⁵

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acschemneuro.0c00819.

Additional kinetic curves. Response of ThT fluorescence on lipids; literature overview on influence of lipids on α Syn aggregation; details of mathematical model; rates of fibril growth at low amounts of lipid membranes; fluorescence spectra of α Syn-7AFM; protocols for protein preparation and labeling, liposomes preparation protocols; TEM images of α Syn fibrils (PDF)

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Author Contributions

D.A.Y. and V.V.S. designed the research, A.S.K. carried out the experiments, A.S.K. and V.V.S. analyzed the results, and all authors participated in writing the manuscript.

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Notes

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